



Venous Thromboembolism (VTE)

Time

Saturday 24th February 2018

Target audience

Cardiologists, Physicians, General Practitioners, Medical officers, Nurses & Clinical officers.

Organizers

Kenya Cardiac Society (KCS) is the national medical society for cardiovascular professionals and practitioners with a keen interest in cardiovascular diseases. This year KCS will focus on facilitating awareness of specific cardiovascular disease entities among the public and healthcare professionals through basic education and dissemination of research findings to encourage best practices in the cardiovascular community.

Practical details

Contact: info@kenyacardiaks.org. Telephone: +254 717 360265 for travel and accommodation sponsorship details.

Location: Sarova Woodlands Hotel, Nakuru

Target audience

Who does the course address? This 1-day focused medical seminar targets healthcare practitioners interested in learning how to manage patients with high risk of developing deep vein thrombosis and/or pulmonary embolism. The course aims to promote best clinical practice and highlight the latest guidelines and treatment modalities from a day-to-day management perspective.

Course objective

On completion of the course, the course participant will: -

- Be familiar with how to identify patients at risk of developing DVT and PE
- Confidently be able to diagnose VTE based on symptoms, signs, labs and basic imaging findings
- Know the most common causes of VTE including external and genetic factor and differences between provoked and unprovoked VTE
- Understand the basic strategies of managing VTE in the acute and chronic phase including contraindications for thrombolysis and direct oral anticoagulants
- Understand the influence of co-morbidities and the choice of blood thinning agent
- Be able to initiate guideline based pharmacological management
- Know the threshold for when to refer for specialist care
- Know of the possible caveats when treating patients in pregnancy, concurrent cancer and underlying bleeding diathesis or increased tendency of clotting



1-Day Seminar:

What Every Physician Must Know about Venous Thromboembolism (VTE)

Guest speakers and local faculty take us through the diagnosis and management of VTE

SATURDAY 24 FEBRUARY		
PREAMBLE		
1030 – 1035	A Word from the KCS President	Bernard Gitura
1035 – 1040	Why this Course? Empowering the physician	Anders BARASA
EARLY DETECTION & DIAGNOSIS		
1100 – 1120	Risk factors, symptoms and signs – What to look for	Peter WAWERU
1120 – 1140	Diagnosis VTE: D-dimer, clinical acumen and imaging	Kieran MWAZO
1140 – 1200	The treacherous imitator – Why we miss PE	Martin WANYOIKE
1200 – 1215	Q&A	
LUNCH & CHECK-IN		
ABRIDGED GUIDELINE-BASED THERAPIES 2018		
1330 – 1350	Acute PE and thrombolysis: Where is the evidence	George NYALE
1350 – 1410	VTE management: maintenance and extended therapy	Saleem BAGHA
1410 – 1430	Thrombophilia screen: Does it matter?	Nancy OKINDA
1430 – 1450	Q&A	
BREAK		
DIFFICULT PATIENT CASES		
1515 – 1535	Cancer – What therapies are safe?	Asim JAMAL
1535 – 1555	My patient with PE is pregnant: Which imaging modality to use?	Sikolia WANYONYI
1555 – 1615	Peri-operative therapy in high risk patients: LMWH, FFP and filters	Mzee NGUNGA
SUMMARY AND KNOWLEDGE CHECK		
1615 – 1635	The long and short of VTE diagnosis – Using the algorithms appropriately	Anne MWIRIGI
1635 – 1655	Treatment strategies from A to Z – An overview	Harun OTIENO
BREAK		
1700 - 1900	Industry Sponsored Dinner – Bayer MCQ – 25 questions	Bernard SAMIA & Anders BARASA

